



Warm-Up

Hinduism

T/F Does the underlined word make the statement true or false?

1. The force created by a person's actions is called karma.
2. Hinduism, the largest religion in India, teaches that each person has a dharma, right action in your life.
3. Hindus believe that souls are born and reborn many times, each time into a new body, in a process called the Four Noble Truths.
4. According to Hindu teachings, everyone has a soul, or atman, inside them.
5. Hinduism is based on the teachings of a man named Guru Nanak.
6. Hindus believe that a person's ultimate goal should be to reunite the soul with karma, the universal spirit.

Buddhism

Word Bank

Buddha	missionaries
meditation	fasting
Buddhism	nirvana

1. According to Buddhist teachings, if people can overcome their desires and ignorance, they will reach what?
2. What did Siddhartha do to free his mind from daily concerns?
3. After the Buddha's death, who was sent out to spread the religious beliefs of Buddhism?
4. What is the term that means 'Enlightened One'?
5. What is the religion based on the teachings of Siddhartha Gautama?